ANCIENT ROME & MODERN LONDON
LET’S HAVE A NICE QUIET TIME FOR ALL OUR NEIGHBOURS

In Greece Plato once demanded strict censorship of music because he feared "citizens would be corrupted by weak and voluptuous errors and led to indulge in immoralizing emotions." (Note that Plato was talking about the score, not the lyrics.)

TAME’S WORK

David Tame in his 1984 book, *The Secret Power of Music*, shows the moral nature of music and extensive medical research of the destructive effects of rock music (on both the mind [emotions] and the body. Technical differences between 'serious' music, jazz, rock, or any other form of modern music are less important than the underlying factor of their philosophical basis: hedonism and anarchy"

(b) "In the rock industry, money is what it is all about thus music is directed, not upward ... but to the lowest common denominator. The question of questions is *Will it sell?* The standard of artistry could not be less relevant"

(c) "Were we to scour the globe for the most aggressively malevolent and unmistakably evil music .. voodoo in these attributes ... as the rhythmic accompaniment to satanic rituals and orgies, voodoo is the quintessence of tonal evil. ... Its multiple rhythms [score], rather than uniting into an integrated whole, are performed in a certain kind of conflict with one another."
Since jazz and the blues were the parents of Rock and roll, this means there is a direct line of descent through jazz, to rock and roll and all the other forms of Rock music today.

(d) "In the one corner: the ancients and traditionalists; the conviction that music affects character and society (so) the artist has a duty to be responsibly moral & constructive, not immoral and destructive.

In the other corner: the materialists; not accepting responsibility and the need for value judgments, paying no heed to the outcome of their sounds. Who, then, is correct? ... *Do life patterns follow music patterns or do they not?*" (p. 136). Tame cites extensive research that overwhelmingly supports the traditionalists: that music in general can be, and rock music specifically is, a negative influence on both the physical body and moral nature of man.

STOP THINK- YOUR – OUR - HEALTH IS AT RISK!

(e) "Does music affect man's physical body?' Modern research answers yes. *There is scarcely a single function of the body which cannot be affected by musical tones* [score] ... Investigation has shown that music affects digestion, internal secretions, circulation, nutrition and respiration. Even neural networks of the brain have been found to be sensitive to harmonic principles" (p. 136).

(f) "Researchers have discovered that consonant and dissonant chords, different intervals, and other features of music [score] all exert a profound effect upon man's pulse and respiration-upon their rate and upon whether their rhythm is constant, or interrupted and jumpy. Blood pressure is lowered by sustained chords and raised by boom, repeated ones. [It has also been found that the tension of the larynx is affected by melodies, that sound stimuli can have a negative effect upon the skeletal muscles, that rock rhythms cause the heart beat to lose its perfect rhythm, & that certain rhythms can even cause a rare malady known as "musicogenic epilepsy" (76 documented cases -1984), with which some of its victims have been tormented to the point of committing suicide or murder.] ... We can see...music affects the body in two distinct ways: directly, as the effect of sound upon the cells & organs, & indirectly, by affecting the emotions, which then in turn
influence numerous bodily processes" (p. 137)

Julius Portnoy has also found that not only can music [score] "change metabolism, affect muscular energy, raise or lower blood pressure, and influence digestion," but "It may be able to do all these things more successfully ... than any other stimulants that produce those changes in our bodies" (p. 138). Musicologist Alice Monsarrat points out that it "is precisely at this point that rock 'n' roll ... becomes potentially dangerous.

This is because, to maintain a sense of well-being and integration, it is essential that man is not subjected too much to any rhythms not in accord with his natural bodily rhythms" (p. 199).

(g) Extensive research has also been conducted on the effects of music upon non-human life, both animals and plants. Paradoxical as it may seem, plant experiments concerning the effects of music upon life are even more convincing than human experiments: that music does affect life, including human life. This is because in plant experiments the effect of the mind's subjective preconditioning and subjective reaction to the music, or one's "feeling" for the music, or one's personal tastes in music have obviously all been removed; i.e., if music [score] can be shown to affect plants, then such effects have to be due to the objective influence of the musical tones and rhythms directly upon the cells and processes of the life-form itself.

(It is also easier to set-up a valid, scientifically controlled experiment with plant life than with human life.)

The plant research findings are solidly in the traditionalist camp: not only did rock music stunt the growth of a wide variety of plants, but if played long enough, the plants actually died...even more startling were the findings of Dr. T.C. Singh, head, the Botany Department at Annamalia University, India.
Dr. T.C. Singh, head, the Botany Department at Annamalia University, India.

His experiments demonstrated that not only did certain forms of music and certain musical instruments (specifically, classical music and the violin) cause plants to grow at twice their normal speed, but that later generations of the seeds of musically stimulated plants carried on the improved traits of greater size, more leaves, etc.! Presumably, the same effect can result in the negative sense, from bad music. The possible significance of Dr. Singh's findings to human life is evident, and should be at least a little disconcerting to rock music fans (pp. 141-145).

(h) "Like human nature itself, music cannot possibly be neutral in its spiritual direction ... ultimately all uses of tone [score] and all musical lyrics can be classified according to their spiritual direction, upward or downward. ... To put it plainly, music tends to be of either the darkness or of the light" (p. 187). In his famous work, Laws, Plato lamented the musical revolution of his time and its "unmusical anarchy": "Through foolishness they deceived themselves into thinking that there was no right or wrong in music-that it was to be judged good or bad by the pleasure it gave. By their work and their theories they infected the masses with the presumption to think themselves adequate judges. ... As it was, the criterion was not music, but a reputation for promiscuous cleverness and a spirit of law-breaking" (p. 189)

(i) In his closing comments on the roots of music styles and rhythms, David Tame, with a keen "spiritual" insight takes particular offense with rock music: "More than any other form of the misuse of sound, it is rock with which we must deal today... It is a global phenomenon; a pounding, pounding destructive beat which is heard from America and Western Europe to Africa and Asia. Its effect upon the soul is to
make nigh-impossible the true inner silence and peace necessary for
the contemplation of eternal verities. ... How necessary is it in this
age for some to have the courage to be the ones who are 'different',
and to separate themselves out from the pack who long ago sold their
lives and personalities to this sound. ... I adamantly believe that rock
in all its forms is a critical problem which our civilization
must get to grips. ... if it wishes long to survive" (p. 204).
(Emphasis added.) More recent medical research (than that
cited by Tame) also proves music is not neutral:

(a) **Dr. John Diamond, a medical doctor**, has conducted extensive
research on the medical effects of music. He has noted that man is
rhythmic in respiration, heartbeat, pulse, speech, and gait, and when
the rhythm of music corresponds to the natural body rhythms, it produces
feelings of ecstasy, alertness, and peace, and it energizes the mind and body,
and facilitates balance and self-control.
(These medical findings are also supported by Scripture — Holy Bible

e.g. I Samuel 16:15-17,23). 

(b) **Dr. David Nobel, another medical doctor and an authority
on music**, has done extensive research on the value of music rhythms
[score] corresponding to body rhythms. He writes that, "None of these
qualities accrue to the rock sound. Instead, rock contains harmonic
dissonance and melodic discord while it accents rhythm with a big beat.
In fact, the anapestic beat [two short beats, a long beat, then a pause] 
used by many rock musicians actually is
the exact opposite of our heart and arterial rhythms
[causing an immediate loss of body strength]."

**THIS HAPPENS WHEN LOUD MUSIC IS HEARD........
Love your neighbour as yourself.**
Dr. Diamond confirms Dr. Nobel's findings and adds that the stopped anapestic rhythm "heightens stress and anger, reduces output, increases hyperactivity, and weakens muscle strength." OH WOW!

(Admittedly, the technological ability to objectively measure stress and anger is problematical at best, while the measurement of muscle strength is quite precise and meets all the requirements of scientific reliability and statistical significance.)

(c) The power of music to communicate is demonstrated in "Music's Surprising Power to Heal," by David Mazie, August 1992 Reader's Digest: "Music reduces staff tension in the operating room," says Dr. Clyde L. Nash, Jr. ... "and also helps relax the patient." [He uses classical music such as Vivaldi and Mozart.] Nash is one of many physicians around the country who are finding that good music, used with conventional medical therapies, can help the sick in the healing process.

(d) Clinical researchers at the U.C.L.A. School of Nursing in Los Angeles, and at Georgia Baptist Medical Center in Atlanta, found that premature babies
gained weight faster and were able to use oxygen more efficiently when they listened to soothing music mixed with voices or womb sounds.

At Tallahassee ( Fla.) Memorial Regional Medical Center, premature and low-birth-weight infants exposed to an hour and a half of soothing vocal music each day averaged only 11 days in the Newborn Intensive Care Unit, compared with 16 days for a control group. At Baltimore's St. Agnes Hospital, classical music was provided in the critical-care units. "Half an hour of music produced the same effect as ten milligrams of Valium," says Dr. Raymond Bahr, head of the coronary-care unit.

How does Good Gentle Music help? -
lower blood pressure, basal-metabolism and respiration rates, thus lessening physiological responses to stress. Help increase production of endorphins (natural pain relievers) and S-IgA (Salivary immunoglobulin A). S-IgA speeds healing, reduces the danger of infections, and controls the heart rate. Studies indicate both hemispheres of the brain are involved in processing music.

Dr. Sacks "The neurological basis of musical responses is robust & may even survive damage to both hemispheres"

Conclusion

Insofar as the physical body is concerned, the notion that music has no effect upon man, or that all music is harmless, is ABSOLUTELY IN ERROR" (Tame, p. 141,144). (Emphasis added.)
"No longer [can] modern musicians possibly claim that music is a matter of 'taste,' or that the musician should be allowed to perform anything he chooses...

Every moment of music to which we subject ourselves may be enhancing or taking away our clarity of consciousness, increment by increment"
Medical experts:

today's rock based sound like that which we hear so often from our neighbours fights against:

YOUR rhythmic nature of man's creation —

YOUR POUNDING MUSIC IS REALLY KILLING YOURSELF AND US............

ENOUGH IS ENOUGH, PLEASE

SOME ARE TRYING TO SLEEP AFTER LONG HARD WORK OR STUDYING FOR EXAMS TO BETTER THEMSELVES OR ARE OUT OF WORK AND TRYING TO GET THEIR CVs DONE OR GETTING READY FOR JOB INTERVIEWS THE NEXT DAY OR ARE LOOKING AFTER BABIES THAT NEED TO GROW HEALTHLY. RECALL THE WALLS IN SOME FLATS ARE VERY THIN! SMALL SOUNDS ARE HEARD VERY EASILY MUSIC FROM 2ND FLOOR CAN BE HEARD ON 6TH FLOOR! WE ALL LIVE HERE. SO BE A GOOD NEIGHBOUR.

LOOK AT THESE SAD CASES

Tuesday, September 18, 2012

A man murdered his great nephew at a family party on a sprawling rural estate after he felt young revellers were not "showing enough respect", a court heard. Raymond Dupree is accused of killing 20-year-old Ryan King
by stabbing him with a wine glass, after the elder man complained about music being played by teenage girls in the early hours.

**Exeter Crown Court** heard Dupree and Mr King were among around 30 people celebrating Lisa Wilson's birthday at the luxury Snurridge Manor House, near South Molton in north Devon, which was owned by Dupree's sister.

Snurridge House estate, South Molton, where the stabbing took place

**Coroner slams neighbours of Rochdale man, 64, who died of heart attack after row over loud music**

Patrick Gallagher died of a heart attack following a row with neighbours over loud music.

A coroner has slammed neighbours of a man who died of a heart attack after a row over loud music.

**Patrick Gallagher, 64,** was found collapsed at his Rochdale home after a ‘ghetto blaster’ was put on his doorstep. He died
in hospital three days later.
Now an inquest into the tragedy has ruled that the retired teacher’s death was caused ‘by the stress of being a victim of anti-social behaviour’.
Five people were arrested after Mr Gallagher’s death in August last year
The inquest has earlier heard how Mr Gallagher’s wife Susan had earlier gone out into the street to find out where loud music was coming from. She returned home, and as she was discussing what to do next with her husband, the couple suddenly heard the music even louder.

Victim's daughter: ‘My parents were singled out on purpose’
PATRICK Gallagher was singled out by ‘mob-handed’ neighbours who repeatedly held late night parties, his daughter Catherine told the hearing.

Catherine Gallagher asked the coroner to record a verdict of unlawful killing and described the neighbours’ actions as ‘disgraceful and completely unacceptable’.

Sept 1st 2012 Epping: Authorities say a New Hampshire woman has been arrested four times in 26 hours for blasting the AC/DC song "Highway to Hell" and other loud music

Young people spend many hours plugged into rock music, rap music, heavy metal or whatever their drug of choice may be. What are the possible effects on the heart, digestion, respiration, and emotional nature of this unsuspecting audience? Soft eggs were taken to rock concerts and placed at the foot of the stage. Midway through the concert, the eggs could be eaten hard-boiled !!!! Do rock fans and their parents wonder what this same music might be doing to their bodies? The Environmental Protection Agency in America has discovered that current generations of youth suffer from hearing problems associated with fifty and sixty year olds.
Studies have shown that the music of Mozart for example has a powerful effect on the intellectual and creative development of children to:

- increase verbal, emotional and spatial intelligence
- improve concentration and memory
- enhance right-brain, creative processes
- strengthen intuitive thinking skills ---- GO ON TRY IT YOURSELF.

Firefighter shoots and kills neighbour over loud music

Teacher shot dead over loud music at his wife's birthday party: Father gunned down on his lawn by neighbour who was complaining about noise

6 June 2012 By Meghan Keneally Read more: http://www.dailymail.co.uk/news/article-2155149/Man-kills-neighbor-complaining-noise-neighbors-wifes-party-says-self-defense.html#ixzz2C2avCRND

HAPPY 2016, 2017 FOR ALL

In your Bible there is even a special mention of judgment on the music industry which has polluted the world.

Revelation 18:22
And the voice of harpers, and musicians, and of pipers, and trumpeters, shall be heard no more at all in thee.
This means that God does not like most of the music played today. The book of Job must have been prophesying of present day music when it said of the wicked, “A dreadful sound is in his ears.”

In one experiment, conducted by psychologists, rats were able to run freely between two separate but connected boxes. Bach was piped into one box, while rock with its boom-boom beat was piped into the other. The rats all spent their time in the Bach box. To test the purity of the experiment, the music was reversed. Gradually, the rats relocated to the new Bach box. (kind of a variation on "leaving the sinking ship, eh?)

Job 15:20-25 The wicked man labours with pain all his days, and the number of years is hidden to the oppressor.

21. A dreadful sound is in his ears:
in prosperity the destroyer shall come upon him. He believes not that he shall return out of darkness, and he is waited for of the sword. He wanders abroad for bread, saying, Where is it? he knows that the day of darkness is ready at his hand.

24. Trouble and anguish shall make him afraid; they shall prevail against him, as a king ready to the battle. For he stretches out his hand against God, and strengthens himself against The Almighty

(KING JESUS).
(The HOLY BIBLE) DR BANDA

HAPPY PEACEFUL 2016 --- The rest of it
And 2017, 2018 etc etc